



THE SPA  
AT THE PEABODY



THE PEABODY SPA ENCOMPASSES INVITING  
ELEMENTS OF WARMTH AND COMFORT IN  
A CONTEMPORARY SETTING. UNDERSTATED  
OPULENCE WELCOMES GUESTS TO  
IMMERSE THEMSELVES IN THE STYLE AND  
SOPHISTICATION OF THEIR SURROUNDINGS,  
TO UNWIND AS THEY REFLECT ON TIMELESS  
TRADITION AND ENJOY LIFE'S LITTLE  
LUXURIES, AND TO RESTORE WELL-BEING  
AND BALANCE WITHIN THEMSELVES THROUGH  
NURTURING SPA TREATMENTS.

## SIGNATURE MESSAGES

### AROMA ESSENCE MASSAGE

This is a remarkable and mesmerizing ritual, profoundly calming and grounding, with simple and rhythmic movements that reignite vitality and return us to our most human roots – deep, strong, energized. Select from our signature aromatherapy oil blends.

80 minutes

### THE PEABODY SHAPER

#### *Anti-cellulite Treatment*

An innovative, firming anti-aging body system that counteracts the multiple adverse effects caused by biological aging processes, tissue relaxation, free radicals and atmospheric pollutants. It effectively neutralizes the formation of stretch marks. Skin regains elasticity and plumpness. Specialty massage techniques assist in oxygenating and reshaping the tissues. See immediate results with one treatment for a special event. Or complete a series of treatments for maximum impact.

80 minutes

*Series of Six Treatments Recommended - 10% Off*

## THE ESSENTIALS

### GENTLE SWEDISH MASSAGE

This soothing massage will help reduce tension, increase circulation and induce relaxation. Your therapist will utilize smooth long strokes, with “light to moderate” pressure.

50/80 min

### DEEP TISSUE MASSAGE

A more therapeutic technique of bodywork incorporating slower strokes to work deeper layers of muscle fibers. This massage will help release chronic patterns of tension that create painful conditions and structural misalignment.

50/80 min

### HOT STONE MASSAGE

This treatment blends the therapeutic properties of heated basalt stones with Swedish massage strokes to deeply penetrate tight muscles, improve circulation and promote a deep sense of well-being.

80 min

## SPORTS MASSAGE

This invigorating full-body massage utilizes light stretching and various massage techniques to help improve range of motion, improve blood circulation and flexibility. Our soothing oil will help to relieve soreness and stiffness.

50/80 min

## PRE-NATAL

Relieve some of the aches and pains you're carrying around. Massage techniques and pregnancy support pillows will help you relax and care for both you and your baby.

50 min

*Not offered in the 1st trimester.*

## REFLEXOLOGY

An ancient Chinese technique that stimulates pressure point massage on the feet to relieve tension and restore a smooth energy flow throughout the body. This is not a foot massage.

50 min

25 min - Feet Only

## TENSION TAMER MASSAGE

A revitalizing and aromatic scalp, neck and shoulder massage to help reduce stress-related tension and alleviate headaches.

25 min

## SOLE SOOTHER

This relaxing exfoliation combined with a stimulating foot massage will leave your feet feeling soft and rejuvenated.

25 min

## COUPLES MASSAGE

*Prices vary on selection of massage*

Share a special massage experience with someone.

50/80 min

## IN-SUITE MASSAGE

*Add \$40 per person per type of massage*

Enjoy a relaxing massage in the comfort and privacy of your own room.

50/80 min

## BODY TREATMENTS

### SIGNATURE MANGO GINGER INFUSION

A sensory journey complete with soothing exfoliation and an energizing full body massage. Natural enzymes found in fresh mango rehydrate and soften the skin while ginger promotes strength and longevity and re-energizes the body.

You can also choose our calming Honey Papaya Infusion. Manuka Honey provides deep moisture to the skin while papaya fruit acids gently cleanse and exfoliate.

25 min Body Polish Only

80 min Body Polish with Massage

### REVITALIZING MUD WRAP

A very stimulating wrap to increase circulation, stimulate energy, revitalize the skin, and fully enhance lymphatic flow, with a combination of algae, marine sediment, and specialized essential oils.

50 min Wrap Only

80 min Wrap with Massage

### TRANQUILITY BODY COCOON

Simple action with profound results - a relaxing aromatherapy wrap which leaves the skin delicately moisturized and the mind peaceful.

50 min Wrap Only

80 min Wrap with Massage

### SUN SOUL TANNING TREATMENT

This dual-action tanning treatment bestows a natural golden tone to the skin while protecting against premature skin aging. Receive a complimentary anti-aging self-tanning lotion with each treatment.

50 min

### SIGNATURE BATHING RITUAL

Submerge your senses and soak in an array of scents as you are gently massaged by underwater jets. Let the restorative benefits of a healing bath promote a deep sense of relaxation.

Single - 25 min

Couple - 25 min

## SKINCARE

### COMFORT ZONE FACIALS

Our treatments for the face provide the answer to any need, correcting imbalance while always respecting the delicate structure of the skin.

### THE PEABODY FACIAL FINESSE

Profound facial stimulation with collagen, enzymes, and essential minerals promote repair, stimulate circulation and plump fine lines. This exclusive anti-aging and restructuring system simultaneously contrasts all the aggressions caused by free-radicals, exposure to sun, environmental pollution and biological aging. The signs of time are visibly reduced and the skin is left extraordinarily luminous.

80 min

### SACRED NATURE

*Orangic Nourishing Facial*

Deeply renew the skin with certified organic oils combined with anti-oxidants to restore the skin to a silky texture and profound softness and moisture. This anti-aging treatment is nourishing and protective with products that have been formulated to offer a natural treatment indicated for all skins, including even the most sensitive.

80 min

### HYDRA MEMORY MOISTURE FACIAL

Deeply hydrating ingredients combined with essential anti-oxidants provide silky texture with exceptional softness – skin moisture balance is perfectly restored.

50 min

### PURIFY FACIAL

The benefit of the natural abilities of algae and clay to gently exfoliate, reduce impurities and balance every type of skin.

50 min

### ABSOLUTE PEARL FACIAL

Pearl powder and brightening extracts such as bearberry and licorice, and a gentle form of kojic acid blend to bring light and life to the skin.

50 min

### ANTI-AGING COLLAGEN FACIAL

Exceptional results from the combined intensity of alpha-hydroxy acids and pure collagen.

50 min

### REVIVE FACIAL

This express facial is great for all skin types. This refreshing introduction to facial treatments includes skin analysis, cleansing, gentle exfoliation and facial massage. This facial does not include extractions.

25 min

## MASSAGE AND FACIAL ENHANCEMENTS

The following treatments can be added to any massage or facial.

### EYE SUPREME

This delicate area is revitalized with active peptides, a firming & soothing mask and rich moisture cream.

### LIP BLOOMING

Gentle exfoliants followed with a plumping mask rich in apricot and olive butters leave the lips in full bloom. This is an ideal treatment to combat the signs of aging around the delicate lip area.

### HOT OIL SCALP TREATMENT

The head will first be wrapped in hot towels to warm the scalp and dampen hair. After the hot towels are removed, several drops of Moroccan Oil will be massaged into the scalp to promote healing and nourishment.

### PARAFFIN

Enjoy the simple pleasure of a deep, warming and moisturizing paraffin wax application to hands or feet during your massage or facial.

## WAXING

### EYEBROW DESIGN AND SHAPING

BROW WAX

LIP

CHIN

1/2 ARM

FULL ARM

UNDERARM

1/2 LEG

FULL LEG

FULL FACE WITH BROW

FULL FACE W/OUT BROW

CHEST

BACK

BIKINI

NECK

## NAIL SERVICES

### SIGNATURE MANGO GINGER MANICURE AND PEDICURE

Relax your mind, body and spirit with this luxurious treatment. We begin with an aromatherapy scented footbath followed by a hydrating mask and light exfoliation to repair and replenish dry, rough skin. Cuticles and nails are groomed followed by a light massage. Paraffin wax treatment will fulfill your journey of relaxation, leaving hands and feet softer than ever. Complete with polish of choice.

Manicure - 45 min

Pedicure - 60 min

### CLASSIC MANICURE AND PEDICURE

Our detailed treatments begin with aromatic soaks and will groom nails with professional clipping, shaping and buffing, paying special attention to cuticles. A hydrating aromatic massage with choice of nail color completes this treat.

Manicure - 30 min

Pedicure - 45 min

### POLISH CHANGE, FILE AND SHAPE

15 min

### ADD ONS: FRENCH POLISH

### Paraffin Wax Treatment

Enjoy the simple pleasure of a deep, warming and moisturizing addition to a manicure or pedicure.

Hands & Feet - 15 mins

## MEN'S TREATMENTS

### TRAVELER'S DELIGHT

After a long day this massage is the perfect recovery!

This treatment pays particular attention to the neck, shoulders and low back and assists in loosening tired and tight muscles.

50 min

### MAN SPACE FACIAL

*Hydra Performance Facial*

This facial will restore balance with anti-oxidants, remove impurities, rebalance moisture, and leave the skin with a clarifying matte finish. Recommended after travel.

50 min

### IMMERSION EXPERIENCE

For the man who needs to unwind, regroup and recoup, we offer our full body spa rejuvenation to include an invigorating total body scrub and sublime warm oil body massage.

80 min

### GENTLEMEN'S MANICURE/PEDICURE

Traditional grooming manicure or pedicure especially for men. This includes a soak, scrub and buff of the rough spots, trim and clean nails and either an arm or foot massage.

Manicure - 30 min

Pedicure - 45 min

## TEEN TREATMENTS

### I'M AT THE SPA!

#### *Teen Facial*

Enjoy deep cleansing, toning, warm towels, mask, extractions and a facial massage. Our staff will teach you about home care routines that help produce clearer, healthier skin. Designed to accommodate all skin types.

25 min (does not include extractions)

50 min

### I'M WALKING THE RED CARPET!

#### *Teen Mani/Pedi*

Our classic mani/pedi designed especially for teens. Cuticles and nails are groomed followed by a light massage and complete with polish of your choice.

Manicure – 30 min

Pedicure – 45 min

### I'M ISLAND HOPPING!

#### *Teen Makeup*

A complete makeup application sure to make you shimmer and shine for your special occasion.

25 min

## KIDS CORNER (AGE 6-11)

### My First Manicure

### My First Pedicure

### Peabody Princess Updo

### Peabody Princess Makeup

### Peabody Princess Package

## FINAL TOUCHES

### MAKEUP SERVICES

Whether you are preparing for a special occasion or just a change in seasons, let our trained professionals show you the color palette that will bring out the best in you. Our exclusive line of Jane Iredale products is hypoallergenic and designed to nurture the skin.

Makeup Application – 30 min

Makeup Lesson – 60 min

Bridal Makeup Package – 60 min each

*(Includes trial and day of application)*

## HAIR CARE RETREATS

Whether you are looking for a completely new look or updating your current style, our trained professionals will accommodate your needs. Our salon staff will work with you to create a look that complements both you and your lifestyle.

*\*Final pricing will be quoted during service consultation. Services include simple style.*

### HAIR SERVICES

Women's Haircut

Men's Haircut

Shampoo/Blow Dry

Up Do

Bridal Consultation

Brazilian Keratin Straightening Treatment

### HAIR COLORING

Color, Permanent or Semi-Permanent

Color Retouch

First-time Color

Double Process

### HIGHLIGHTING

*Includes up to three colors*

Single Foil

Partial Foil

Full Foil

## SPA DAY PACKAGES

### PEABODY SPA SAMPLER

TENSION TAMER MASSAGE  
SOLE SOOTHER  
REVIVE FACIAL

### THE PEABODY SIGNATURE OASIS

AROMA ESSENCE MASSAGE  
PEABODY FACIAL FINESSE  
MANGO GINGER MANICURE/PEDICURE  
INCLUDES LUNCH



## HOW TO SPA

### ARRIVAL

Please arrive at least 30 minutes prior to your treatment to allow time for check-in and preparation for your service. If you are delayed in your arrival, please remember that your service will end at its original time to avoid inconveniencing other guests.

### CLOTHING

Special attention to draping is practiced during all treatments for your comfort and privacy.

### MEDICAL CONDITIONS

A brief medical questionnaire will be given to you at the time of check-in. Please indicate any medical conditions or disabilities that may be affected by your treatment, such as high blood pressure, allergies, heart ailments or pregnancy.

### VALUABLES

Please do not bring jewelry or other valuables to the spa. The Spa at The Peabody does not assume any liability for the loss of personal items.

### SERVICE CHARGES

Treatment prices do not include gratuities. For your convenience we will add a 20% service charge for all services.



